

# Ishworgi Lemna Piba

## Hakchang Phanaba

### Thourang



Amazing Facts  
Study Guide

13



**Ana** layengda angakpa phangna chaokhatpasi hainingai leitana mamal yammi - adubu eikhoina doctoring makha tana mathou taramdrabadi, maduna henna mamal yamlam loidra? Yamna nungaire, doctor kayamarum mathou touhalloidaba praman toukhraba lambi ama lei haibasi nakhoi khanglabra? ... Masi nakhoigi hakchangbu cheksin thourang loujabani! Bigyanniksingna cholesterol, hidak mana sijinnaba, leng ottana leiba, ka henna hakchang noihaiba, amasung yu thakpa hairibasing asina hakchang sok-hanbagi maramda kanna lao khongli, aduma adu keidoubagi nakhoigi laibak yengadouribano? Tasengna nakhoina nakhoigi hakchang karamna loinaribage haibadu Ishworna yengsilli, aduga Biblegi mapanna chatkadaba lemna hakchang phanaba thourang ama Mahakna nakhoida pibikhre. Nakhoina matou karamna hakchang phana amadi punsi sangna marang kaiba punsi ama leinabagi maramda angakpa ashengba achumbasing henna khangnaba masigi lesson neinaba asi mathang manao naina amatta chithadana houbadagi loiba phaoba neinabiyu

1

## Hakchang phanabagi kanglonsing asi Biblegi ashengba dhramagi sharuk ama thangei sengna oibra?

“Nungshibasha, nakhoigi thawaina chaokhatpagumna, nakhoina hiram khuding chaokhatnaba amasung hakchang phana leinabagidamak eina hajjari” (3 John 1:2).

**Paokhum:** Hoi. Khwaidagi makok thongba maru oiba hiramninga mannana Biblena hakchang phabagi hak asi thak wangna thammi. Mi amagi pukning, thawaigi lamchat, amasung hakchangsing asi amaga amaga mari leinaduna makha ponnei. Amada akaiba pibada atopa adu akaiba oi. Eikhoigi hakchang asi lanna sijinnabada, eikhoigi pukning amasung thawaigi lamchat asi Ishworna thourang toukhiba adu yourakpa ngammoi, amasung nakhoina harao mathoi kaba punsi ama hingba ngammoi.

2

## Karigidamak Ishworna magi misingda hakchang phanaba chana kanglonsing asi pikhibano?

“Mahakna eikhoibu hingna thambinaba, amasung matam pumnamakta eikhoigi aphaba oinaba, eikhoigi Ishwor Yehovahbu kinaba, Yehovahna pathap pumnamak asi ngaknaba eikhoida yathang pibikhi” (Deuteronomy / Anisuba Wayen 6:24). “Nakhoina nakhoigi Ishwor Yehovahbu thougal tougadabani, aduga Mahakna nahakki chinjak amasung nahakki eesingbu bor pibigani; aduga eina nangondagi anaba khuding louthokkani” (Khongsanba 23:25).

**Paokhum:** Ishworna hakchang phanaba niti niyamsing asi pikhi maramdi Mahakna eikhoi mioibagi hakchangi khwaidagi phabadu khangi. Automobile shembasingnasu anouba car ama shembada masi karamna sijinnagadage haibagi manual ama ghari manungda happi maramdi makhoina makhoigi khutshem adugi maramda phajana khangi. Eikhoigi hakchangsingbu sembikhiba Ishworgisu thabak tounaba manual ama lei. Masi Bibleni. Car amabu lanna sijinnabada car aduda sathiba khudong thiba nangi. Matou adugumna Ishworgi thabak tounabagi manual asi tha-oidabada itat tattana anaba, seran turan khangba, amasung punsibu pikham

nahanba phal oirak i. Ishworgi niti niyamsing asi inbada hakchang phaba oirak i (**Laishon Ishei 67:2**) amasung maka lamba punsi oirak i (**John 10:10**). Eikhoigi matenga loinana, Ishworna masigi achouba hakselgi niyamsing asi sijinnaraga seitangi anabasing asigi ithilsing asi manghanba amasung hanthahanba ngammi.

3

### Ishworgi hakshelgi kanglonsing asi chaba amasung thakpaga mari leinabra?

“Aphaba adu chao” (**Isaiah 55:2**). “Nakhoina chaba natraga thakpa oirabasu, natraga nakhoina touba khudingmak oirabasu, Ishworgi matik mangalgidamak tou” (**1 Corinthians 10:31**).

**Paokhum:** Hoi. Aphaba adu khak khallaga pumnamak Ishworgi matik mangal oinaba Kristian amana itop topna chaba amasung thakpa tougani. Ishworna karigumba ama phatte haiduna chaganu hairabadi, masigi aphaba maram ama leirangani. Mahak ashi yamna sathiba dictator ama natte, adubu yamna nungshi heiba Ipani. Mahakki paotak pumnamak asi matam pumbada eikhoigi phanabagidamak pibani. Biblena washak i, “Dhrama chenna chatpa misingdagi Mahakna karigumba aphaba amatta louthokloi” (**laishon Ishei 84:11**). Asumna Ishworna eikhoidagi karigumba ama louthok labadi, masi eikhoigi aphaba oidabagini.

*Note: Kanagumba mioi amana mahakna chaningba ma-ongda swar-gada chaba yaroi. Jisubu eikhoigi kanbiba mapu ama oina lousanjaba khaktana madu touba ngamgani. Adum oinamak Ishworgi hakselgi kanglonsing thousadabana mi amada magi aphaba khanjanaba shaktidu manghallaga papta taba yai. Masina arankhubam phaoba manghanba yai.*

4

### Mapung pharaba environment amada misingbu shemladuna Ishworna makhoida kari chanaba pikhibage?

“Yengu, malem apumbagi leimaida leiba mahei marong panba pambi khuding, maheida maru yaoba upal wupal khuding eina nakhoida pirabani” ... “Ingkholgi upal khudingi mahei nahakna ningtamna chaba yai” (**Meihouron 1:29; 2:16**).

**Paokhum:** Ahoubada Ishworna taibang mioibada pikhiba chinjak asi uhei, maru marang, amasung hawaisingni. Mana masingsingdi khara chontharaga hapchankhi.





# 5

## Maangi (shengdaba) haiduna chaba yakhidaba Ishworna akhan nana pankhiba chinjaksing adu kari karino?



**Paokhum:** Leviticus (Lichatlon) 11 amasung Deuteronomy (**Anisuba Wayen**) 14 da, Ishworna shengde haiba chinjak ki kanglup khara piri. Chapter ani asi mapung phana pabiyu.

- A. Longkhum khaidaba amasung shaigup shaidaba sha pumnamak shengde (**Deuteronomy 14:6**).
- B. Maku amasung mashaigup animak pandaba eesingda leiba nga amasung jiba pumnamak chaba yade (**Deuteronomy 14:9**). Nga ayambana shengde.
- C. Shahing chaba, ashiba shadong chaba amasung nga chaba ucheksing amatta chaba yade. (**Leviticus 11:13-19**).
- D. Mabukna shitlaga chatpa jibasing (Yanglen sharu pandaba jiba ayamba chaba yade (**Leviticus 11:21-44**))



*Note: Mina nungtigi chanariba ayamba shasing, ucheksing, amasung eesingda leiba jibasing ayamba shenge haina chaptersing asina mayek sengna takli. Adum oinamak chaba yadaba khara yaori. Ishworgi niyamsingi matung inna makhagi shasing ashi shengde amasung chaba yade. Makhosing adudi houdong, hui, shagol, ut, umaibi, langja, ok, kheiroi, theba, ngakra, shareng, ngapurum, kongreng, tharoi, waikhu, hangoi, linnachingbasingni.*

# 6

## Kanagumba mioi amana oksha pamna char-abadi tasengna mahak asi Jisuna anisuba lakpada manghangadabra?

“Yengu, Yehovahna meiga loina lakkani ... amasung Mahakki thangsangna Yehovahna thawai panba pumnamak wayen gani; aduga Mahakna hatpa adu yangani ... makhoi masana mashabu shenghanba amasung sengdokchaba ... oksha, hongoiba pot amasung uchi chaba pumnamak tumna manglagani” (**Isaiah 66:15-17**).

**Paokhum:** Masi pabada thamoi thuk laoramgani, adubu masi achumbani amasung haidokkadabani. Oksha amasung tukachaba amangba potshing chaba mioi khuding prabhuna anisuba lakpada tumna manghangani haina Biblena hai. Ishworna karigumba shokkanu amasung chaganu haibada, eikhoina upai ama touduna Mahakna haiba ingadabani. Amaramda, Adam amasung Evena chaba yade haiba uhei adu charubadagi ahanba oina prithibi asida pap amasung ashiba purakkhi. Masida akaiba karisu leite haiba yabra? Ishworna misingbu manghangani hai maramdi makhoina “eina pamdaba adu khanli (Tou-i)” (**Isaiah 66:4**).



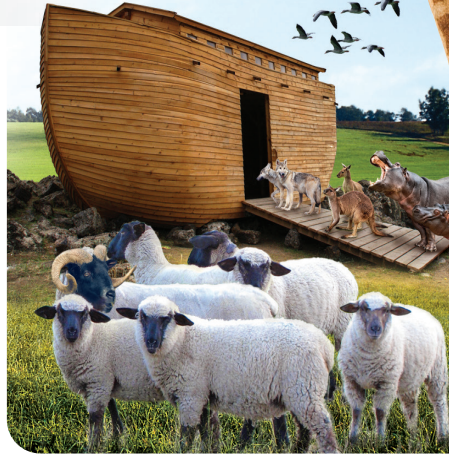


7

## Adubu shengba amasung shengdaba shashingi wayel yathang asi Mousina houdok khidabra? Masi Jehudisingi khakta natabrane, amasung masi cross ta loikhidabrane?

“Mapu Ibungona Noahda haikhi, ... ashengba sha khudingdagi laba amasung amom taret taret, aduga shengdaba shasingdagi laba amasung amom ani ani lou” (Meihouron 7:12).

**Paokhum:** Hairiba pumnamak lalli. Jew sing leitringeigi mamangda Noah leikhi, adubu mahakna shengba amasung shengdaba shashingi maramda khangi, maramdi mahakna hijao manungda ashengba shana jura taret taret amasung shengdaba shana jura ani ani lousankhi. Jisuna anisuba hek laktrineigi mamangda, **Revelation 18:2** na ucek khara sengde haina palli. Jisuna shibada masigi hakshegi kanglonsing asi hiram amattada akaiba piba natraga hongdokpa amatta leite, maramdi masigi niyamsing indabasing adu Jisuna hallakpada manghan-gani haina Biblena hai. (**Isaiah 66:15-17**). Jew singi chaba tumhanbagi systemga Ishwor khangdaba jatsing chaba tumbagi systemga hiram amattada khetnaba leite. Masigi hakselgi kanglonsing asi mi pumnamakki matam khudingda piri.



8

## Yu gi maramda Biblena kari amatta haidabra?

“Yudi noknaningaini, mayai kaba yudi khatna – cheinahanbani, maduna lammuknahanba mahakti asingba natte” (Paorou 20:1) “Yuna nganglabadi maduda yengluganu, tengotta machu phajarabada, maduna ningthina changlabada. Aroibada maduna lindugumna chik – i, lindugumna mahu kamsilli” (Paorou 23:31, 32). “Mitu lannabasing ... Natraga yu ngaobasingna Ishworgi ningthou leibakta changloi” (1Corinthians 6:9, 10).

**Paokhum:** Hai. Biblena yu thakpa kannu yade.





**Paokhum:** Hoi. Hidak mana gumba hakchang sok-hanba potshak sing sijinnabana Ishworbu penhandribano haibagi maram taruk Biblena pi.

- A. Hakchang sok-hanba potshaksing sijinnabana hakchang phat-hande amasung hakchangbu mot-halli.** “Nakhoidi Iswargi sangni amasung Isworgi thawaina nakhoigi nungda lei haiba nakhoina khandra? Kanagumba mina Iswargi sang adu manghallabadi, Ishwarna mahakpu manghangani; maramdi Ishworgi sangdi asengbaani, sang adu nakhoini” (1Corinthians 3:16, 17).
- B. Nicotine haibasi mibu minai oihanba yamna laichuganba potshakni.** Eikhoina haiba illiba mising (natraga poshaksing) aduda eikhoi minai oirabani haina Romans 6:16 na hai. Hidak mana sijinnaba mising asi nicotine gi minaini. Jisuna haikhi, “Nahakna nahaki mapu Ibungo adu khurumgani, amasung Mahak khaktabu sheba nahakna tougani” (Matthew 4:10).
- C. Hidak mana sjinnabagi heinabi ashi shengdabani.** “Makhoigi maraktagi thoklaktuna tonganna leiyu, Mapu Ibungona hai. Shengdaba kari amatta shokkanu, aduga eina nakhoibu lousanbigani” (2 Corinthians 6:17). Khristana hidak mana asi ma-ong amada sijinnakhi haina khanbasi lousanba yabrane.
- D. Hakchang sok-hanba potsing sijinnabana shen manghalli.** “Chinjak nattaba adugidamak nakhoina shen kaithokliba karigino?” (Isaiah 55:2). Ishworna eikhoida piba shen adugi shennaba misingni eikhoi, amasung “shen shinba langba mising adu thajaba yaba mi ama oigadabani” (1Corinthians 4:2).
- E. Hakchang sok-hanba potsing sijinnabana thawai ashengbana inshanbibasing adu phajana khangba ngambagi shakti adu sonthahalli.** “Nakhoigi thawaigi mayokta lan touriba hakchangi apambasing adu thadok u” (1Preter 2:11). Hakchang sok-hanba nishasing asi hakchangi apambasingni.
- F. Nisha sijinnabana punsi tenhalli.** Hidak mana sijinnabana angakpa phangna punsi tensanhalli haina Bigyanna thibada phangkhe. Masi Ishworna mi hatkanu haiba yathang adu thugaibani (Khongsanba 20:13). Masi tapna hatpa oirabasu, masi mihatpani. Pungsi sangna hinge hairabadi hidak mana sijinnaba tok u.





# 10

## Bibleda phangba ichamdi chamba adubu yamnadi maru oiba hakshelgi niyamsing adu kari karino?

**Paokhum:** Hakshelgi kanglon 11 makhada piri:

- A. Matam naina chak chao, amasung mahao (fat) natraga ee chaganu. “Matam chana chao” (**Ecclesiastes 10:17**).  
 “Matam pumnamakta ingadaba wayel pathap adudi ... . nakhoina mahao natraga ee charoidabani” (**Lichtatlon 3:17**)



**Note:** *Cholesterol (mahao) ka henna wangbadagi heart attack asi oihallapani haina Bigyanna yannare, mahao yaoba chinjak yamna chabadagi masi wanghanbani. Ishworna hanna khanglaga loina hairamba malli, mandrabrane?*

- B. Henjanna chaganu. “Nahak thibong laoba mi oirabadi nahakki khanaoda hejjarang thammu” (**Paorou 23:2**). (**Luke 21:34**) da Khristana akhannana aroiba matamda chaba thakpa control toudabagi maiyokta cheksin wa pikhi. Henjanna chaba (Intemperance ki makhal ama) asina hakchangi kayatsing sithahanbanga laina kaya marum oihalli.

- C. Mihouba natraga mingonda molom thamganu. Asigumba makhalgi pukningi ithilsing asina hakchangda chathaba thouramsingda ayetpa pi. Mihoubana “sharu pumhali” (**Paorou/Proverbs 14:30**) haina Biblena hai. Mina eikhoida thamgadaba molomsing adu shengdoknaba Khristana eikhoida yathang pi (**Matthew 5:23, 24**).

- D. Maithong maka lamna haraona leiyu. “Thamoi nungaibana aphaba hidak amagumna aphaba tou i” (**Proverbs 17:22**). “Mahakna thamoida khankhrabadi, madu mahakna tourabani” (**Proverbs 23:7**). Mina nariba anaba ayambadi wakhhal nungaitabadi oirakpani. Maithong maka lamna haraona hingbana hakchang phahalli amasung punsi sanghali.



- E. Ishworda mapung phana thajaba thammu. “Mapu Ibungobu kibanna punsi sanghali amasung masi phangba mahakna penthoktuna hingani” (**Proverbs 19:23**). Ishworda thajabana hakchang phahalli amasung punsi sanghali. “Icha nupa, eina haiba wasing pukning changna tao ... .maramdi makhoibu loujabasing aduda makhoina hinghali amasung makhoigi hakchang pumnamakta masha phahalli” (**Proverbs 4:20, 21**). Ishworgi yathangsing inba amasung mangonda mapung phana thajabadagi hakchang phaba lak i.
- F. Khal chana thabak suba amasung tumba amadi pothabaga loinana shajel tou. “Numit tarukni nahakna thabak sugadabani amasung nahakki thabak pumnamak tougadabani. Adubu taretni

suba numit asi nahakki Ishwor Yehovahgi pothaba numitni. Numit asida nahak thabak suba yade” (**Khongsanba 20:9, 10**). “Thabak kannna suba midi nungaina tummi” (**Pao Sandokpa 5:12**). “Namaida humang taraga nahakna chak changani” (**Meihouron 3:19**). “Nahakna ayuk nganna houraga, thengna tumba asi phatte” (**Laishon Ishei 127:2**). “Numitki makhada mahakna thabak nomkhiba, haibadi mahakki thabak nomjaba pumnamakki amasung mahakki thammoigi apamba phangnaba hotnakhiba aduda mi amana kari phangbage? Maramdi mahakki numit pumnamak awabani amasung mahakki thabak pukning sokpani; hoi, mahakki pukning numidangdasu potthaba phaangde. Masisu arembani” (**Ecclesiastes Pao sandokpa 2:22, 23**).



**G.** Hakchang luna nanna leiyu. “Luba nanba oiyu” (**Isaiah 52:11**).

**H.** Hiram pumnamakta isana isabu khudum chanlu. “Mana phangnaba singnariba mi khudingna hiram pumnamakta masana masabu khudum chanli” (**1Corinthians 9:23**). “Nakhoigi chinglemba (temperance) adu mi khudingna khangsanu” (**Philippians 4:5**). Kristian amana hakchang sok-hangadaba potsingdu loinamak thadokkadabani amasung aphaba potsingdu chang chana sijinnagadabani. Hakchang sok-hanba heinabi sajatsingna “nakhoina mi hatphade” haiba yathang adu hiram kharada thugai. Makhoi asina isana isabu tapna tapna thourang touraga hatchabani.

**I.** Hakchang sok-hanba khudingmak thadok u (**1Corinthians 3:16, 17**). Masina nakhoibu ngak-hanba yai, adubu ana layengi Bigyanna cha, coffee, amasung soft drink asida caffeine hairiba drug asi yaoi haina yanare amasung atoppa sok-hanningai oiba machalsingna mioibagi hakchang sok-halli. Hairiba potsing asida chini natraga cream khara happa nattana chinjaki aphaba machal amatta yaode amasung eikhoina chini kahenna sijinnei. Cha, coffee nachingbasing asina hakchang sok-halli amadi khutsemgi oina hakchang ngaihak tekkhat halli amasung masi ton amagi arumba chakka ama panba thellada happaga inbagumbani. Masigi thaknaba mahi manaising asi mayamna pamnaribasi mahao natraga advertise toubana natte, adubu caffeine amadi chinigi chang yaoba aduna leppani. Cha, coffee amasung soft drink sing asida laichubana maram oiraga America macha ayamba naganli. Masina Diyabol bu haraohalli amasung mioibagi punsi kaya manghalli.



**J.** Chak chaba matam asi nungaiba matam oihallu. “Mipum khudingna chaba, thakpa amasung magi thabak nomjaba pumnamakki aphaba nungaijagadabani- masi Ishworgi khudolni” (**Ecclesiastes 3:13**). Chak chaba matamda nungaitaba drisasing ubana chaba tumhanbada ayetpa pi. Makhoisi thadok u.

**K.** Awa ana tarabasing adu mateng pangu. “Phattabagi lipusing adu thadok u ... .arumba potlumsing adu thaangthou ... aram khourangbasinga nakhoigi chakluk adu chaminnou amasung ... mayumdagi tanthokpiraba lairabasing adu nakhoigi yumda purak u; nakhoina phi thongdaba mi ubada ... mahakpu phi thongbiyu, amasung ... nakhoigi anabadu thuna yangna pharakkani” (**Isaiah 58:6-8**). Masi khangbada irai lai. Eikhoina lairaba amadi awa ana tarabas-ingbu mateng pangbada, eikhoina isagi hakshel phagat hangjabani.





# 11

## Ishworgi hakshelgi kanglonsing asi thousadaba misingda kari chinglemba warning pibage?

“Nakhoibu namthak touhan ganu. Ishworbu karem kathainaba yade; maramdi mi amana hunba khudingmak, mahaknasu madu khaogani” (Galatians 6:7).

**Paokhum:** Mahakki automobile (car) bu lanna sijinabana cargi sathiba khudongthiba nangbagumna, Ishworgi hakshelgi kanglonsing thousadaba makhoinasu henna hakchang kaitharapagi maheising amasing mei chaklaba punsising thengnagani. Aduga Ishworgi hakshelgi kanglonsing makha tana thugaiduna leiba mising adu aroibada manghangani (1Corinthians 3:16, 17). Ishworgi hakshelgi kanglonsing asi yamna tamthiba natte- chingsinnabagi shaktigi niyamgumna, makhoi mahousagi oiba jagat sangsar asigi shemkhraba niti niyamsingni. Masigi niyamsing asi thousadabana mang tak-hanba phalsing purakkani! Biblena hai, “Maram yaodaba shirap amatta lakloi” (Paorou 26:2). Hakshelgi niyamsing eikhoina thousadabada khudong thiba lak i. Hairibasing miyamsing asi thugaibadagi thok hallakpa khudong thiba adu eikhoina nangdanabagi damak, Ishworna minungshiga loinana eikhoida masigi niyamsing asi karino taklibani.



# 12

## Hakshelgi maramda karamba pukning shok-hanba kari achumbana eikhoigi icha amasung ishusing phaoba konsanbage?

“Nakhoi amasung nakhoigi tungda lakpa nakhoigi nachasing phanabagidamak nakhoina masi charoidabani” (Deuteronomy/Anisuba Wayen 12:25). “Ei nakhoigi mapu Ibungo Ishworni, ei yamna kallak chaoba Ishworni, eibu tukachaba mising adugi ahumsaba amasung marisuba mirolsing phaoba makhoigi machasingda mapa mapugi ayol aralsing eina thi” (Khongsanba 20:5).

**Paokhum:** Machasing amadi mashushingna (marisuba mirol phaoba) makhoigi mapa mapusingna Ishworgi hakshelgi niyamsing thugaiba adugidamak mahei phangi haibasi Biblena yamna chamna khanghalli. Makhoigi mama mapasingna Ishworgi niyamsing asi thugaiba matamda, makhoigi machasing amasung mashusingna makhoidagi naganba, sontharaba hakchangsing phanghou i. Nakhoigi mamal yamlaba nachasing amadi nashusing shok-handanaba yadaba pot makhei nakhoina thadokningdabra?



# 13

## Ishworgi waheina atoppa karamba sathiba ashengba wapham phongdokpra?

“Upai amattagi matengna shengdaba karigumba ama hektana masida (Ishworgi leibak) changloi” (Revelation 21:7). “Adubu kanagumbagi thammoina makhoigi hangoiba potsing amasung makhoigi tukkachabasing pamjana chatpasingda, eina makhoigi maramchat adugidamak makhoi masagi makokta hanhan-gani, 'Ibungo yehovahna hai” (Ezekiel 11:21).

**Paokhum:** Ishworgi ningthou leibakta shengdaba natraga amotpa karigumba amatta ayaba piroi. Ludaba heinaba sajatna mi amabu mothalli. Chaheidaba chinjak chabana mi amabu mothalli. (Daniel 1:8). Masi ashengba sathiba achumbani Ishwor pamdabasing amasung masagi aningba apamba toubasingna makhoigi arankhubam mangduna mapunsi pikhamnagani (Isaiah 66:3, 4, 15-17).



# 14

## Ashengba pukchel sengba Kristian amana kari tounaba khudakta hotnagani?

“Eikhoi isamakna thawai amasung hakchangi amotpa pumnamak shengdoklasi” (2 Corinthians 7:1). “Mahak (Khrista) na lubagumna, masigi aashasi mangonda leiba mi khudingna masamakpu shengdokchei” (1John 3:3). “Nakhoina eibu nungshirabadi, eigi yathangsing ngak u” (John 14:15).

**Paokhum:** Ashengba kristiansingna khudakta makhoigi punsi adu Ishworgi hakshelgi kanglonsinga channana hingani maramdi makhoina mabu nungshi. Mahakki niyamsing asi khaktana makhoigi nungaiba oihalli amasung makhoibu diyabolgi lainasingdagi ngaktok i haiba makhoina khangi (Acts 10:38). Aphaba mama-mapagi niyamsing amasung paotakna makhoigidamak khwaidagi aphaba oibagumna, Ishworgi niyamsing amasung paotaksing asi matam pumbada eikhoigi aphabani. Aduga eikhoina amuktang phajana khangba matamda, Ishworna eikhoibu hishap pihalli. “Aphaba touba khanglaga, toudaba mangonda masi pap ni” (James 4:17).





15

## Phattaba heinabi sajat kharana misingbu yamna kannapunsanli. Makhoina kari touba ngamgani?

“Mahakpu (Khrista) lousanba mi makheina, Mahakna makhoida Ishworgi machasing oiraknaba hak pikhi” (John 1:12). “Eibu pangal kanhanbiba Khristagi mapanna eina hiram pumnamak touba ngammi” (Philipians 4:13).

**Paokhum:** Masigi phattaba heinabising asi pullap Khristada puraga magi makhongda nakhoina thamba ngammi. Mahakna haraona anouba thamoï ama pigani amasung papki heinabi amabu thugairaga Ishworgi macha nupa natraga nupi oiraknaba shakti nakhoina mathou tabadu Mahakna pigani. (Ezekiel 11:18, 19). “Ishworga loinana hiram pumna mak oithok i” haiba khangbasi yamna thamoïbu harao mathoi kahalli. (Mark 10:27). Aduga Jisuna haikhi, “Eingonda changjarakpa khudingmak, eina upai touduna mahakpu tanthokloi” (John 6:37). Eikhoïbu phajalliba ayetpasing adu Jisuna thadatnaba thourang touduna lei. Mahakna eikhoïbu ningtamhanba pammi amasung eikhoïna hekta yabirabadi Mahakna tougani. Mahakki yathang asi eikhoïna inba matamda, eikhoïgi khoïrangbasing, phattaba heinabasing, chamannabasing, amasung akibasing pumnamak mangkhini. “Nakhoïgi haraobadu mapung phanabagidamak ... eina hiramasing asi nakhoida haidokkhre” (John 15:11). Diyabolna ningtamba asi haiba indabada phangi haina marei tou i, adubu masi aranbani (John 8:44).



16

## Ishworgi anouba leibakki maramda karamba mathum marang houhanba washaksing pibra?

“Maduda khundariba mina, ei nare hairoi” (Isaiah 33:24). “Ashiba, awaba, tengthaba amatta makha tana leiraroi. Cheina khangbasu amatta leiraroi” (Revelation 21 4). “Makhoina langjagumna masasingna, paikhatkani, makhoina chen-gani adubu choktharoi, makhoina chatkani adubu choktharoi” (Isaiah 40:31).

**Paokhum:** Ishworgi anouba leibakki nagarik singna haraona magi hakshelgi kanglonsing ingani, adubu anaba natraga laina amatta leiroi. Makhoïbu lomba naidana pangal amasung naha oihannaba bor pigani amasung lomba naidana Ishworga kham thengna harao nungaina pan-gani.

17

## Hakchang phana leibasi Biblegi dhramagi sharuk ama oiba maramna, Ishworgi hakshelgi kanglon pumnamak nakhoina iningbra?

**Nahakki Paokhum:** \_\_\_\_\_

# NAKHOIGI WAHANGSINGGI PAOKHUM

1. **(1 Timothy 4:4) na hai, “Ishworna shemba pot khudingak aphanani aduga ... yaroidaba karisu leite” masi sandokna takpiyu.**

**Paokhum:** Shastra asida palliba chinjaksing asi Ishworgi mina thagatlaga (verse 3) channaba Ishworna shemkhiba chinjaksingni. Masigi chinjaksing asi Leviticus 11 amasung Dueteronomy (Anisuba Wayen) 14 mathang manao naina pikhiba ashengba chinjaksing aduni. “Ishworna thagtlaga” chaba yaba (ashengba shasing) Ishworna shemkhiba chinjaksing adugi manungda yaorabadi Ishworna shemkhiba jiba punnamak phe amasung chagadabani haina verse 4 na mayek sengna takli. Verse 5 na masigi shashing asi karigidamak chaba yaribano haibagi maramda tak – i; chak chadringeigi mamangda katlaga, prathana touraga bor piraba amadi Ishworgi waheina shengdoklaba ashengba shashingni. Adum oinamak shengdaba chinjaksing charaga makhoi masana masabu shengdokchanaba hotariba mising adu mameithangda manghangani (**Isaiah 66:17**) haibasi chanbiduna ningshingbiyu.

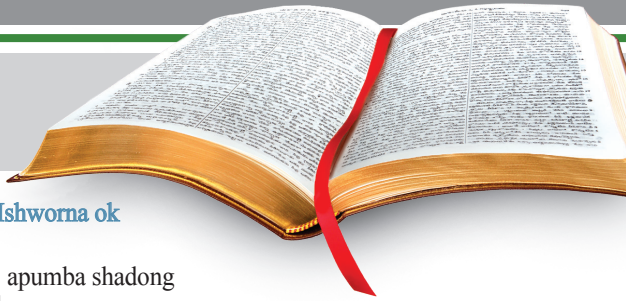
2. **Matthew 15:11 na hai, “chinda changkhibana mi amabu manghande adubu chindagi thoklakpana manghalli (Mot-halli)”, nahakna karamna masibu sugaina takani.**

**Paokhum: Matthew 15:1 – 20** da neinariba hiram asidi chak chadringeida khut hanna hambagi matangni (Verse 2). Matang asida neinaribasi chaba natte, khut hambani. Akhannana khut hambagi thou touraga chak chadradadi chariba mi adu manghalli haina shastragi ojasngna takpikhi. Jisuna masi khut hambagi thou asi artha yaodabani haikhi. Verse 19 da, Mahakna akhannaba phattabasingi list piri; mihatpasing, mittu-miwa lannabasing, huranbasing nachingbani. Aduga Mahakna waroisin takhi, “Hairibasing asina mi amabu mot-halli, adubu khut hamdana chabana mi amabu mot-hande” (verse 20).

3. **Adubu Acts (Pakhonchatpasingi Thabak) 10 da iduna thanambagi maramna; Jisuna Petergi visionda sha punnamak shengokkhidabra?**

**Paokhum:** Shengdokkhide. Vision asigi hiramdi shasing natte, adubu misingi maramdani. Jewsingna thajabagi matung inna atoppa jatsing asi shengdaba natte haibadu Peterda Ishworna vision asi utkhibani. Ishworna lai mutri latpa jatki mi oiba Cornelius ta Joppada Peter unnanaba mi thanaba paotak piramle. Adubu Peterda vision asi piramdrabadi, mahakna makhoibu unaba yaramloi maramdi Jewgi chatnabina atoppa jatsingbu loinnaba thingi (verse 28). Adubu mising asina mameithangda yourakpa matamda, Peterna makhoibu taramna okkhi. Hannagumna oirabadi mahakna makhoibu asumna unnaramloidabani haina mahakna sugaina makhoida takladuna haikhi. “Eina kanagumba amabu amangba natraga shengdaba haina koudanaba Ishworna eingonda phongdokpire” (verse 28). Mathangi chapter (Acts 11), church membersingna Peterbu atoppa jatki misinga wari sanabagi damak maral sikhi. Maram aduna Peterna makhoida mahaki vision gi wari amasung masigi artha pumbagi wari adu likhi. Aduga (**Acts 11:18**) na hai, “Makhoina washing asi tabada tuminna leikhi, aduga Ishworbu thagattuna hairaki i, Ishworna atoppa jatsingbu pukning honghanduna hingba phanghalle.”





4. **Chanabagi natrabadi, karigidamak Ishworna ok shemkhibano?**

**Paokhum:** Amot akai sengdoknaba, apumba shadong chaba ucheksing shemkhibagi pandamga mannana Mahakna Ok asi shemkhibani. Aduga Ok hairiba sha asina pandam mapung phana pangthok-i.

5. **(Romans 14:3,14,20) na hai, “Achaba mahak aduna chadaba mi adubu ushittaba toudasanu ... karigumba pot amada amaangba karisu leite ... Tasengnamak chinjak pumnamak ashengbani” hai. Masi sandokna takpiyu.**

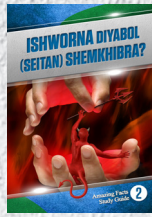
**Paokhum:** Verse 3 dagi 6 phaobada akaknaba chinjaksing chaba misingga chadaba misingagi khetnaba tak – i. Para matek asida animak chummi haide, adubu amana amabu wayendanaba paotaksing oina pikhi. Masigi mahutta, Ishworna bicharpati oihallu (**verse 4,10 - 12**). Verse 14 amasung 20 ma hai lai murtisingda ahanba katpa chinjakki maramda palli amasung, asumna thou toubadagi masi maangi. Masi Leviticus 11 gi ashengba shengdaba shagi maramda natte. (**1 Corinthians 8:1,4,10,13 pabiyu**). Masida khanna neiraribasi lai murtisingda ahanba katpa chinjaksing asi “shengi” natraga “shengde” haibagi maramdani maramdi malem prithibida lai murti ama haibasi karisu natte (**1 Corinthians 8:4**). Adubu mi amagi apha phattabagi gyanna asigumba chinjak chabagi maramda khanjannarabadi, mahakna masi charoidabani. Natraga masina kanagumba amabu khudi thihan gadaba oiragabadi, matou adugumna charoidabani.

6. **Ishworgi hakselgi maramda eikhoi isamakna mari leinadrabasu Ishworbu chap chana nungshirabadi yaraba natro?**

**Paokhum:** Adubu nakhoina Ishworbu shengna nungshirabadi, nakhoina Magi hakselgi kanglonsing asi thawai yaona ingani, maramdi nakhoina matik chana hakchang phaba, nungaiba amasung ashengba punsi phangnabagidamak madu Mahakna hanna yatkhraha lambini. “Mahakna haiba inba makhoi pumnamak kidamak Mahakna lomba naidaba aran khubamgi mapu oire” (**Hebrew 5:9**). Jisuna haikhi, “Nakhoina eibu nungshirabadi, eigi yathangsing ngak – u” (**John 14:15**). Eikhoina Ishworbu tasengna nungshirabadi eikhoina Mahakki hakselgi kanglonsing asi leithoknaba hotnaroidabani. Masigi pukningi wakhallon asina tasengna atoppa Ishworgi oiba hirmsingda eikhoigi ashengba thamoi adu phongdok-i. “Eingonda lbungo, lbungo’haiba mi khudingna shwarga leibakta changloi, adubu swargada leiba Epagi ningba touba mahak aduna changgani” (**Matthew 7:21**).



01



02



03



04



05



06



07



08



09



10



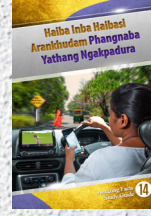
11



12



13



14

## MASIGI STUDY GUIDE ASI MATHANG MANAO NEINABA PARA 14 LEIBAGI MANUNGDA AMA KHAKTANA!

Para khudingmak asi nahak amasung nahakki imung manungbu hongdok-han-gadaba angakpa ashengba achumbasingna pik thalli amasung nangonda tung koina chatkadaba aasha adu purakkani. Para ama phaoba nanthok han-ganu.

Study Guide 1: Nakhoina thajaba ngamgadaba karigumba khara chithaduna Leihouriba?

Study Guide 2: Ishworna Diy Abol (Seitan) Shemkhibra?

Study Guide 3: Soidana Shigadabadagi Kanba

Study Guide 4: Sundrangda Leiba Achouba Sahar

Study Guide 5: Nungai Yaiphaba Yumban Ama Oinaba Khongthangsing

Study Guide 6: Nungda Haktuna ikhrabawritten in stone

Study Guide 7: Itihaski Mangkhraba Numit

Study Guide 8: Kham Thengna Kanbiba

Study Guide 9: Ashengba Pungsi amasung Pangal

Study Guide 10: Ashiba Mising Asi Thangeisengna Shirabra?

Study Guide 11: Norok asi Diyabolna shennabara?

Study Guide 12: Chahi 1000 ama ingna chikna panba

Study Guide 13: Ishworgi Lemna Piba Hakchang Phanaba Thourang

Study Guide 14: Haiba Inba Haibasi Arankhudam Phangnaba Yathang Ngakpadura



Waroisin che asi neinadringeigi mamangda masigi para asi hanna pabiyu. Paokhum khudingmak Study Guide asida phangba ngamni. **Wahangi nakanda iriba masing mayek asina achumba paokhumgi masingsingni.**

**1. Ishworgi hakshelgi kanglonsing asi inbasi (1)**

- Angangsingidi darkar oi, adubu ahalsinggidi mathou tade.
- Biblegi dhramagi yamna maru oiba sharuk amani.
- Mi amagi dhramaga karisu mari leinade.

**2. Ishworgi hakshelgi kanglonsing asi (1)**

- Ahoubada eikhoibu shemkhiba amasung eikhoigi nungainabagidamak kwaidagi phaba karino khangba nungshiraba Ishworna pibikhi.
- Jewsingidamak pikhibani amasung ngasi madu inba darkar oide.
- Mahakna mapuni amasung eikhoibu khudum chanba ngammi utnaba pikhibani.

**3. Ashengba kristian amana ... (1)**

- Mahakna pamba khudingmak chaba amadi thakpa yai.
- Ishworbu makok thongna khakta nungshigadabani amasung hakshelgi niamsing asi thousaroidabani maramdi makhoi asi cross ta loikhre.
- Hakchang, pukning, amasung lamchatpu mapangal pigadaba potsing adukhaktachangani amasung Ishworbu ikai khumnagani.

**4. Mioibagi ahanba chinjak asi (1)**

- Heira cheng, ghehuna chingba amasung hawai – chengwaisingni.
- Yu amasung shashing na oikhi.
- Adam amasung Evena pamba ama hekta oikhi.

**5. Ishworna piba shengdaba jibasing khandok u. (7)**

- Shan

- Ok Yen
- Kheiroi
- Theba
- Ngakra
- Shaji
- Konggeng
- Hameng

**6. Yu thakpasi (1)**

- Chang chana sijinarabadi kristian amada karisu kaide.
- Mi amana masi phatte khallabadi masi sijinnabasi lalli.
- Kristian amana sinjinnaroidabani.

**7. Hidak mana sijinnaba asi \_\_\_\_ (1)**

- Mi masa masagi lanaigi oiba thabakni amasung magi dhramaga mari leinade.
- Masi papni, amasung masi kristian amana sijinnaroidabani.
- Kristian amada masi kannaba oi.

**8. Ishworgi hakshelgi niyamsing adu khandok u. (9)**

- Henjanna chaganu
- Chak charaba matung khudingi churup thak – u.
- Haraona nungaina leiyu.
- Chak chadringeida mahi manai khara thak u.
- Hakchng luna nanna leiyu.
- Oksha yamna chao.
- Cha coffee marang kaina thak u.
- Hiram pumnamak isana isabu khudum challu
- Matam chana chak chao.
- Molom thamganu.
- Thabak suba, shajel toubu amasung tumba khal chana thammu.
- Ishworda thajou.
- Shagi mahao amasung ee chaganu.

**9. Ishworgi hakshelgi kanglonsinga mari leinaba khwaidagi maru oiba achumba adudi (1)**

- ( ) Mama – mapana Ishworgi hakshelgi niyamsing thousadabagi maramna macha – mashushingda tatana hakchang amasung pukning sonthahalli.
- ( ) Masigi niyamsing asi Jewsingidamakni amasung ngasi eikhoina inba mathou tade.
- ( ) Eikhoina tasengna Khristabu nungshirabadi, Hakshelgi niyamsing asi maru oide.

**10. Papchenba heinabising asi khudum channaba khwaidagi phaba lambidi (1)**

- ( ) Tapna tapna thadokpani.
- ( ) Eikhoida Hiram khudingmak pangthoknaba shakti pibiriba Khristada mapung phana katthok pani.
- ( ) Makhoi chatkhigani haina aasha toubani.

**11. Ishworgi hakshelgi kanglonsing asi (1)**

- ( ) Car chala nabagi niyamsing chap ma-

nei:makhoi asi eikhoigidamak yamna pheii; aduga eikhoina masibu thousadradi yamna khudongthiba nangani.

- ( ) Mousiki crossta loikhraba wayel yathangni.
- ( ) Aphaba wakhalloni adubu makhoina Ishworga leinaba marida masina karisu kaihande.

**12. Ashengba kristian amana (1)**

- ( ) Ishworgi hakshelgi niyamsing thousadana Ishworda yamna haijagani.
- ( ) Ishworgi hakshelgi niyamsinga channadaba heinaba ama hekta touramlabadi madu khudakta thadokkani maramdi eikhoina Khristabu nungshirabadi, Mahakki niyamsing amasung yathangsing ngakkani
- ( ) Hidak mana sijinnaba yai.

**13. Ishworgi hakshelgi kanglonsing innaba ei thourang toure.**

- ( ) Chumi ( ) Lalli.

**AMAZING FACTS**

**India**

**MATHANG GI FREE STUDY GUIDE ASI PHANGNABA MASIDA MING CHANSANBI U.**

Dotted line duda kak thoklaga envelope da hapchinduna makhada piriba address duda thabirak u. Chaanbiduna mayek sengna ithok pi u. India manungda khakta masi leigani

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, District, State, Pin: \_\_\_\_\_

**AMAZING FACTS INDIA  
POST BOX No 51  
BANJARA HILLS  
HYDERABAD - 500034**



Masigi peisa tingdana Bible tamba phangba school asigi maramda nahak ki marupsingdasu tambu u!  
**Bible-Study.AFTV.in** da visit toubi u.